



The Relevance Of The Concept Of Faith To Michael J Losier's Law Of Attraction Theory To Happiness On Life In Perspective Of Transpersonal Psychology

Khodijah¹, Miftahul Alam Al Waro'²

^{1,2}State Islamic University of Sunan Ampel Surabaya, Indonesia

Abstract. This study explains the Relevance of Konep Iman to Michael J Lostier's Law Of Attraction Theory with Life Happiness in the Perspective of Transpersonal Psychology. The study of this research is based on the law of Law of Attraction whose existence in modern times is greatly increased. The concept will be analyzed based on relevance to faith. This is because modern society today already believes in the existence of these laws and has been practiced in everyday life. This research uses qualitative research methods and obtains data using literature based on written data in the form of journals, books, articles in accordance with the object of the theme studied. The analysis in this study is descriptive qualitative, this paper analyzes the concept of Law of Attraction (LoA) theory with the relevance of faith and happiness according to the study of transpersonal psychology. In this discussion it was found that the theory of the Law of Attraction (LoA) can add confidence and constancy of prayer to God, with an explanation of the mechanisms, thought waves, and processes of the universe in attracting what is believed and thought so that happiness is formed in life.

Keywords: *The Concept of Faith, the Law of Attraction, and happiness Transpersonal Psychology*

INTRODUCTION

The Law of Attraction theory is a theory that uses the human mind to affirm everything to come true. This theory can also be interpreted as a theory that believes in accordance with what is thought. A person's prejudices contained in his mind and heart are likely to occur if they continue to be believed (Michael, 2007). This can be explained in other words that good thoughts and prejudices will attract positive things. Vice versa, negative thoughts and prejudices will also attract bad things into his life. Therefore, a person is required to always be in a positive state either from thoughts, prejudices, or actions in his life. The law of attraction is a law of attraction that attracts everything with the power of thoughts and feelings. This is done by focusing the mind on the goal and believing that the goal will be realized. This law of attraction can occur when a person thinks with all his might, with unstoppable confidence and power, which would be very possible in real life. In the Qur'an, the term law of attraction refers to three things: prayer, belief and acceptance. Where Allah Almighty has a role in achieving all the goals of human life.

Prayer is hope. In the book Saheeh Muslim, the Prophet (peace be upon him) said, "A servant will always have his prayers answered by Allah as long as he does not pray with anything sinful, break the friendship, and haste." The Prophet (peace be upon him) again said, "The one who is in haste is the one who says, 'I prayed to Allah but it was not granted', then complained about it and stopped to pray." It can be understood that it takes stability of heart and mind (zero mind and soul) in prayer. Because, the coming of the grace of Allah SWT. begins with an ordered heart and mind. Prayer accompanied by a very strong belief between thoughts and feelings can pull everything into reality quickly. Faith is the greatest strength of man. Life is a reflection of one's feelings and beliefs. As the hadith of the Prophet Muhammad (peace be upon him) says, "Be optimistic about goodness, you will surely get it." Indeed, the law regarding the theory of the Law of Attraction is found in the Qur'an which explains the principle of good and evil will attract something that is in accordance with its prejudices if it continues to be believed. Among others found in Q.S al-Jatsiyah (45): 15 which has the following translation "Whoever does good works for himself, and whoever does evil will come upon himself, then to your God you are returned." (Elfiky, 2013).

In addition, the law regarding the concept of the Law of Attraction is in accordance with the Qudsi hadith which explains that "I conform to the prejudices of My servant to Me. If they are prejudiced, then good will be obtained. However, if they are prejudiced, then bad things will be obtained as well." This is actually in accordance with the condition of our heart and our belief in whatever is in a person. The Law of Attraction is a sunnatullah concept, which cannot be chosen and obliged. This is because it is in accordance with the conditions of circumstances and beliefs that occur in him. (Jauziyah, 2016)

From the hadith it can be understood that everything that happens to humans depends on how they think and feel. This is like the workings of the law of attraction, where a person must have a high goal that will increase the strength in his mind so that he will act and strive to achieve that goal because he has believed that the goal will be achieved. Unknowingly, these consistent actions and efforts lead him to a new zone where he will achieve his goals well (Bryne & Griffitt, 1966). In the book Mafatih al-Ghoib by Fahrudin al-Razy (1891) explains that man must use his mind to change the immorality in himself, because basically Allah Almighty has given him the power of reason. Like the Prophet Muhammad (peace be upon him) who liked to tafaul (hope for good) and did not like tathayyur (feeling unlucky).

The law of attraction theory assumes that good attracts good and vice versa bad attracts bad. As QS. al-Jatsiyah (45): 15, "Whoever does good works good is for himself, and whoever does evil will come upon himself; then to your Lord you are returned". This is also as clearly explained in QS. al-Zalzalah (99): 7-8 "Whoever does good as heavy as a particle will see it. And whosoever doeth evil as heavy as a particle shall see (retribution)." From these verses it can be understood that Allah Almighty encourages his servants to always think something good and spread goodness (fastabiqul khairat) and Allah strictly forbids his servants to do rudeness (sayyiat) and damage (façade). Thus, the understanding and meaning of the legal concept of Law of Attraction (LoA) is actually not a new scientific study today. This is because, the Law of Attraction (LoA) law has

existed since the 14th century, and Islam has taught the concept of law to mankind not as a secret science, but a science that has been disseminated to increase faith confidence and get mercy from Allah Almighty, and get happiness in life because it has good prejudices for its life (Trim, 2008).

The previous study relevant to this research was the previous study entitled "The Law of Attraction and Prayer in Islam" written by Muhammad Nurdin. In the discussion of the journal, it is explained that The Law of Attraction can strengthen the belief in the fulfillment of prayer to God. That there are mechanisms, natural processes, the influence of waves of thoughts and feelings in the observance of prayer. The Law of Attraction also teaches that man is responsible in his life, because man reaps what he thinks and feels. For this reason, it is useless to blame God for the misfortune of human fate. While the novelty in this journal research will explain the concept of faith in Michael J. Loser's Law of Attraction (LoA) theory which is correlated with life happiness according to the perspective of transpersonal psychology (Michael, 2007).

METHOD

This research is library research, which is research that obtains data using library literature based on written data in the form of journals, books, articles in accordance with the object of the theme studied (Moleong, 2009). The data analysis technique used in this study is qualitative descriptive analysis with interactive data. Sugiyono (2011) he explained that data analysis is the last process of a series of research on an article process. In data analysis, the author performs the process of searching and compiling all the data obtained systematically. So that the data can be categorized into various characteristics, and can be described into several components to be able to synthesize further, work on a pattern, and filter which material is superior and can be used to become a conclusion.

RESULT AND DISCUSSION

Theoretical Foundations of the Concept of Faith

The word faith comes from the Arabic vocabulary of *amana* *yu'minu-imaman*. The word has a meaning that means to believe. While the word believe itself is defined into Indonesian, namely believing or believing in something or true reality. Faith can be given a meaning, namely justifying, acknowledging, believing in something that is considered to exist either in his heart, mind, or action. The definition of faith according to Poerwadarminta (2003) explains that faith is an attitude of trust, confidence, which is connected to the determination in his heart. While the understanding of Faith according to Abul 'Ala al-Mahmudi gives the meaning of faith translated in English, namely Faith is to know, to believe, to be convinced beyond the last shadow of doubt. Which means Faith is to realize, believe, and excuse that there is no doubt.

The understanding of faith was also explained by Muhammad Nawawi that faith is believing in Allah, in Allah's messenger, believing in Allah's commands and prohibitions, and believing in whatever Allah has ordained for his life whether in the form of favors or tests. Meanwhile, the *konseo iman* refers to Ibn Kathir faith is to justify speech by deed, then perform prayers and

perform zakat and what Rosulullah SAW brings, also what Rosul brought before, and the belief in the existence of final life.

In addition, the understanding of faith explained in the book of Mu'jam Mufahros that the concept of faith is in accordance with their conscience. Unlike ordinary people, who say faith, but do not believe in everything with their hearts. This is what can damage the good of one's faith. Thus, the understanding of the term faith is to believe and believe with sincerity, toughness of heart without any character, about anything that comes from God, whether good or bad, to influence life to obtain happiness and goodness both in heart, mind, and action (Al Baqi, 1992). The concept of faith also cannot be just an oral statement. But those who believe are those who perceive Allah, both in substance, Asma wa Shiffat and in his deeds. Faith can actually shape a human soul and disposition to be more resilient and more meaningful in living life. A person who has strong faith can usually have a strong and balanced goal (Shofaussamawati, 2018). Therefore, a philosopher named Husayn bin Muhammad Al-Jisr gave a directive that every believer is a Muslim, and vice versa. Believing that Allah is the only being and surrendering sincerely to Allah are two things that can increase one's faith and heart strength (As Sa'idi, 2019).

Faith cannot be measured based solely on outward oral speech, because many hypocrites claim to be believers. In another opinion, it is also explained that faith cannot be judged by outward acts of charity alone, because many hypocrites have shaleh but the condition of the toughness of their faith in the heart is very different from their outward actions. Thus, this can be learned from a scholar Abu Bakr Jabir al-Jazairi who explained that faith must be relevant to the condition of the heart and its actions. Faith must conform to the teachings that God has communicated through his messenger. No exit from the order or prohibition is allowed. because faith requires us to always introspect ourselves in order to get hidayah and mercy from Allah SWT. (Izutsu, 2018)

The essence of faith in Allah SWT is tawhid, which is faith in Him, both in His essence, Asma, Was-Shiffat and af'al (deeds). According to the interpretation of life, a person believes or firmly believes that Allah SWT is God, then his actions will be in accordance with God's revelation, that is, in accordance with the rules of the Qur'an. A person who believes in the Oneness of Allah SWT will try to continue to interpret his life in accordance with the commands given by Allah SWT. From some of the descriptions of the meaning of faith above, it can be concluded that "a person who has faith in God must have a peaceful mind, always feel at peace both outwardly and mentally (Zainuddin, 2012).

Michael J. Losier's Law of Attraction Theory

According to Michael J. Losier (2007) the concept of the Law of Attraction has been known since the early 1900s. He mentions that in 1906 William Walter Atkinson published the subject Mind Vibration and the Law of Attraction of the Mind World., then in 1926 Ernest Holmes also wrote about the basic science of the human mind, and in 1949 Raymond Holliwell wrote a book. about working with the law. And since the early 1990s, various information about the law of attraction has been widely spread through articles published by Jerry and Easter Hick. The discussion of the Law of Attraction usually begins with the assumption that everything is energy.

All objects, whether people have seen them or not, are made of the same material, energy. When we look at our hands, which look like solid flowing water, and the vastness of celestial bodies that fill the universe, we are actually looking at the same thing: energy.

The emergence of the law of attraction or Law of Attraction has existed since 1990. However, in 2000 many scientists wrote about the study of the Law of Attraction (LoA). The first and most influential book in the modern era at that time was a book entitled "As a Man Thinketh" written by an author named James Allen. The book became the initial entrance for other books on the Law of Attraction. The Law of Attraction (specifically recommended by Michael J. Loser) is anthropocentric and boldly states that man is a creator, using the power of the mind (and sometimes the power of feelings) to create and attract what he wants. Humans are the strongest magnets in the universe. There is a magnetic force in man, the strongest in the world. This power radiates through the minds generated by humans. Therefore, it makes perfect sense that this idea of law would be considered part of the thinking of the New Age movement – that is, the school that believes that the center of all government is itself and not God in general: If you believe you can, you can. Or another phrase like "If you decide to do something, the universe will conspire to make it happen". Michael J. Losier recommends using a three-step formula so that the law of attraction can work consciously (not randomly). First, determine your wishes. It turns out that not everyone really knows what they want. Most know best what they don't want. This can be known by the proliferation of people using the word "no". I don't want to be poor, I don't want to look stupid, I won't be picky, etc. The law of attraction affects the subconscious mind, which cannot accept negative expressions, each sentence is always answered with the words no, do not and other similar words.

According to Macdonald (1997) the word "no" is very negative, while the word "yes" is very positive, affirming, empowering, convincing, and authoritative. To obtain results in harmony with the desires sent to the universe, positive manifestations are needed. Example: "I feel happier" To convey on this point, we need to know the concept of "contrast" or recognize what we don't like, don't want, or something that spoils the mood. It is necessary to know that the more often the things that we do not want to fill in our minds, the stronger and more intense the negative vibrations we emit, the more they will become a reality in our lives. Therefore, the notion of "contrast" requires that humans immediately change the frequency of negative vibrations into positive vibrations or whatever they want. Second, pay attention to desire. Realizing what you want is not enough, but you also need attention, positive focus and of course confidence to achieve these desires. The law of gravity will multiply the precision of wish fulfillment just as the sun's heat, if focused with a magnifying glass, has the ability to burn something. It is worth emphasizing that this law responds to what people perceive from their words and thoughts. Therefore, there is a need for alignment of words, thoughts and feelings. When a person with great confidence utters extraordinary words or wishes while emotions state it is impossible, impossible emotional words are emitted according to the law of attraction. Third, let your wishes come true. A special form of this third stage is the removal of negative vibrations or doubts about their realization. Since everything has a process, let's give the universe a chance to process what we want in our thoughts and feelings towards resurrection. And this step is the most decisive step in the creative process.

Understanding the legal concept of the Law of Attraction is very easy, namely by looking at the concept of magnet. Magnets can attract objects because both have the same element. That way magnets cannot attract plastic because they do not have the same element. Another implementation is the concept between water and oil that cannot unite (Trim, 2008).

From this discussion, the concept of the Law of Attraction theory actually considers that the human mind and prejudice are magnets that have the potential to attract things that are believed from the universe. So, it can be interpreted that what we are thinking about right now is that it is a strong magnet. Everything that is being thought, believed, and described, that is what will happen later because it is pulled from the universe through the thoughts and beliefs of the heart.

Dynamics of Life Happiness Interactions Transpersonal Psychology Perspective

Transpersonal psychology is a branch of science that is considered new, and the existence of transpersonal psychology is a process of branches of science that develop from previous knowledge, namely, psychoanalysis, behaviorist, and humanist. Therefore, psychologists often say that transpersonal psychology is the fourth school in the development of psychological science before. The presence of transpersonal psychology is due to disappointment with previous psychologists who failed to recognize the spiritual reality needed by each individual (Ady, 2012)

Literally the word transpersonal comes from the word trans, meaning passing and personal is interpreted as a person. According to John Davis, transpersonal psychology can be defined or understood as a scientific field that connects psychology with one's spirituality. Transpersonal psychology has created a perspective that is far different from the previous psychology of man and consciousness in himself. The formation of transpersonal psychology is caused by several encouraging factors. First, there is the effort of experts in applying the concepts, theories, and principles that humans are created not only as psychophysical beings, but also as psycho-spiritual beings. Second, the reality of psychophysical comprehension limitations is apparent. Third, man needs to have an awareness of his quality of life (Gojali, 2017).

Therefore, transpersonal psychology has a more dominant pattern to intuitive, spirituality, mystery, mystic, and transpersonal. Some figures who contributed to the development of transpersonal psychology were also included in the humanist psychology school such as Abraham Maslow, Anthony Sutich, Charles Taart, Max Scheler, and Victor Frankl. The basis of the theory of transpersonal psychology, views humans as individuals who have tremendous potential in realizing the existence of spirituality, which is inseparable from other beings throughout the universe. Altered consciousness is an important feature of transpersonal psychology. In other words, it is the study of deep experiences in the course of one's life, which have a sense of connectedness with the universal core of consciousness, and connection with the universe. (Muhaya, 2018).

Transpersonal psychology is a development of previous psychological sciences. Among them are psychoanalysis, psycho behaviorist, and psycho humanistic. Transpersonal psychology here focuses more on discussing the highest potential of a human being, realizing a unity, spiritual,

and understanding human consciousness transcendently. The transcendent state of man is a way of thinking that transcends limits, he thinks, sees, realizes what is happening in this universe in detail. For example, man's way of thinking about His God is considered so distant and distant with infinite value. It is also a God that is impossible for ordinary people to understand. A transcendent human being is a human being who has experienced self-actualization, a person who understands the meaning of life he has, where he is headed, and the benefits of his life for society. And the most important thing is his self-awareness to remain and continue to remember Allah as the Khalik and also the place to return (Taufik, 2006).

Theories in Transpersonal Psychology explain human experiences and encounters with things that go beyond the limits of their consciousness. Indirectly, it also concerns the ego consciousness that humans have. Some theories that surround transpersonal psychology include 3 things. The first is the pre-egoic phase, the second is the egoic phase, and the last is the trans-egoic phase. In each of these processes, man will have the unforgettable experience of a separate entity, but also its union with God and the universe. After experiencing this entire phase, man will experience awareness for, cosmic consciousness, or also union with the holy spirit. The journey of one's spirituality is with the aim of entering or disappearing power in a human life, there are some people who experience it actively and also some who experience it passively. Human spirituality is considered unique and meaningful in every human life and step, spirituality is unique and each uniqueness has its own beauty. The journey of human spirituality is not always on what appears on the physical, many people even look tattered but morally and themselves already know and become complete servants of God. Human spirituality directs individuals towards knowledge, love, hope, meaningfulness, kindness and sincerity, and so on (Combs, 2003).

The study of transpersonal psychology focuses on man's awareness of his God, which seeks to carry out worship or other spiritual activities in order to achieve peace of mind or soul. Man is required to always be connected (united) with his God. The Prophet Muhammad (peace be upon him) taught his people to always include spirituality in addition to the use of qalb (conscience), and reason in dealing with various problems of life. In the current conditions of modern life in a pandemic situation, forcing people who are far from their God to flock to look for the emptiness felt in themselves. They couldn't handle the unrest in him, and the continuous emotions rose and fell briefly. Spiritual is not only about a relationship with God, but a relationship of goodness between living beings. When a person establishes an extraordinarily good relationship with anything around him, it will indirectly also affect his emotional movements (Iqra, 2021).

They have difficulty controlling their perceived state, and consciously wonder within themselves if the emptiness they are experiencing is a form of distance from the Creator. When a person begins to draw closer to God, the old feelings that have plagued their lives during this pandemic will change. Tend their mind and heart will have a calmer attitude, not irritable and acquire much more stable emotions (Barzam, 2021).

Law of Attraction (LoA) in achieving happiness in life

Life happiness will be achieved if a person lives in a good environment and builds positive thoughts (Wiyanti, 2008). This is where the context of the theoretical concept of the Law of Attraction which indirectly gives understanding to humans to always be prejudiced and think positively for everything, because everything that is thought sooner or later will become a reality. Such understanding is given by Rhonda Byrne. An example of the implementation of the Law of Attraction in everyday life can be exemplified that if someone prays, asks for good, and always affirms to himself that the prayer has been answered, then the prayer chanted earlier will come true quickly. This is because the potential for one's confidence and determination is very much a major factor in the fulfillment of the prayer. Another example is if someone is dreaming, and gives good affirmations as if it is going to happen, and continues to visualize it, then the dream will come true. It is as stated in the Qudsi hadith that Allah Almighty, always follows the prejudices of His servants for whatever it is. In this context, it can be interpreted that a good implementation of the concept of Law of Attraction study will provide good confidence and happiness in life in carrying out daily activities. (Trim, 2008)

The process of the occurrence of the law of attraction has several steps, namely First, ask. Ask here for context by praying. The correlation of praying with LoA, that is, if praying means someone asks, hopes, and desires which will later provide motivation and suggestions addressed to Allah SWT. whereas, if LoA means a thought, belief that continues to be affirmed in oneself which is addressed directly also to Allah SWT. therefore, asking is the first step to implement the Law of Attraction in everyday life in order to achieve happiness in outer and inner life. Second, Believe that what is currently expected, desired, and prayed for will be realized perfectly and well. A person must have strong faith and determination so as not to waver and despair with what he has always wanted. The best way to achieve success and happiness in life is to create it. Confidence is something that is believed in a person's soul. With a strong sense of confidence will form a good self-confidence trait as well. Third, accept by surrender and surrender to whatever will and decree Allah Almighty will give him. This is as found in Sura at-Thalaq (65) verse 3 which means "And He gave him sustenance from an unexpected direction. And whoever relies on Allah, Allah will surely provide (his needs. Indeed, God carries out His business. Truly, God hath made provision for every thing."

However, the theory of the law of attraction cannot be realized which has been affirmed through prayer or other actions if there are still negative feelings, namely many excuses by always comparing himself with others and when he is not like others who are successful then he will tend to make excuses, actually this is liver disease. Another negative emotion that prevents prayers and wishes from being answered is doubtful or pessimistic. Indeed, feelings of doubt and pessimism are feelings that prevent a person from moving forward and daring to take new opportunities. They are not sure of their own decisions. Someone who has pessimistic feelings always sees and takes issue with fears and is not confident in whatever he will face. This is a feeling that should be removed from one's nature. Thus, happiness in life will be achieved with the concept of the Law of Attraction if he is always positive. Asking, believing, and receiving are the keys to the success of a dream. Instead, there are negative feelings contained in him such as doubt, not confident in his own abilities, and fears because of too much negative thinking (Rajab, 2012).

The Relevance of the Concept of Faith to Michael J Losier's Law of Attraction Theory to the Happiness of Life in the Perspective of Transpersonal Psychology

Michael J. Losier's (2007) Law Attraction theory is indeed very anthropocentric. The meaning of anthropocentric itself is an understanding of ethics that assumes that humans are the center of the system of the universe. This is why there is an equality of the energy of the universe with God. Based on scientific understanding and research on a discovery in the study of physics so that it can be used in various religions and can be tolerated by others, theories about the Law of Attraction are working on it. Simply put, the correlation between God and beings in Islamic studies is realized by the presence of vertical lines. The line depicting the top down depicts the commandments and prohibitions to the creature. While on the other hand, the button up area illustrates the obedience of the servant and the hope of prayer. This obliges mankind to always pray and draw closer to God. This is explained and already contained in surah al-Fatihah that praise belongs only to Allah rabbul 'alamiin, so that confidence in a prayer and hope that wants to be realized and achieved must always be offered to the Creator of the universe not to the universe alone. Because in fact, if we implement a theory of the Law of Attraction, we are required to always believe that it is the one who grants and realizes all wishes and dreams not through the theory but God through the intermediary of the theory.

It is God's power that determines and desires to determine all aspects pertaining to human life. Therefore, when a servant is praying, affirming himself, asking for it all by God's permission. So our belief in God's will and the theory of the Law of Attraction must be distinguished. The Law of Attraction theory actually also teaches us that as a human being we are obliged to always be responsible in his life, because man reaps what he does, and thinks. Here a Muslim is affirmed that he is obliged to continue to believe and hold fast to the will and power of Allah over prejudices, and prayer requests. And the reason why prayers and hopes have not been realized is to always feel doubtful and compare one's own abilities with one's God's ability to do something, that is what really becomes a disease for oneself.

Thus, when a person has been able to cultivate the concept of faith and belief in his life in implementing the Law of Attraction, it can be said that a person has been able to achieve the concept of happiness according to transpersonal psychology. Happiness according to transpersonal psychology is when a person is able to accept his condition completely and well. Because in Aristotle's opinion explains that happiness is not the same form of acquisition as others, because the concept of happiness exists if he is able to process feelings and thoughts to be more positive in everything.

CONCLUSION

Therefore, based on the explanation of the Relevance of the Concept of Faith to Michael J Losier's Law Of Attraction Theory with Life Happiness in the Perspective of Transpersonal Psychology is one of the studies that is closely related between Khalik and his servant. the relevance of faith and LoA is closely related. The concept of the Law of Attraction is very helpful for a person's condition to achieve the meaning of happiness, if he can understand and accept all

feelings and thoughts in himself. This is because, the concept of happiness in transpersonal psychology exists if in every basis of life is always based on positive things. This is where the concept of the relevance of faith and the theory of the Law of Attraction comes to help implement every thought and prejudice in him to be better and positive. This is like, the discussion of LoA that the universe will attract what we think and do, if it is positive it will get positive things too. However, if it is negative then someone will get a negative thing. As in the Qudsi hadith that Allah says "I am according to the prejudices of My servant."

REFERENCES

- Ady, A Nurdin. "Psikologi Transpersonal Konsep Dan Implementasinya Terhadap Pendidikan Dan Globalisasi" (2012): 7.
- Ahsin Sakho Muhammad. *Oase Al-Qur'an*. Jakarta: QAF Media Kreativa, 2019.
- Al-Baqi, M. F. A. (1992). *al-Mu'jam al-Mufahras li Alfaz al-Qur'an*. Beirut: Dar al-Fikr.
- Al-Jauziyyah, I. Q. (2016). *Terapi Penyakit Hati*. Qisthi Press.
- Al-Razi, Fakh al-Din, *Mafatihul Ghaib*, Beirut: Darul al-kutb al- 'Alamiah, 1891 M.
- As-sa'idi, Abdurohman. *Hakikat, Pokok-Pokok, Dan Buah Iman*. Jakarta: Darul HAQ, 2019.
- Bambang. "Pentingnya Psikologi Transpersonal: Agama Dan Psikologi Transpersonal." *Pentingnya Psikologi Transpersonal*, n.d. Accessed October 27, 2021. <http://sikologiagama.blogspot.com/p/agama-dan-psikologitranspersonal.html>.
- Barzam. "13 Manfaat Psikologi Transpersonal dalam Pengembangan Diri."
- DosenPsikologi.com. Last modified February 25, 2018. Accessed October 19, 2021. <https://dosenpsikologi.com/manfaat-psikologi-transpersonal-dalampengembangan-diri>.
- Byrne, D., & Griffitt, W. (1966). A developmental investigation of the law of attraction. *Journal of Personality and Social Psychology*, 4(6), 699.
- Combs, A., & Krippner, S. (2003). *Process, structure, and form: An evolutionary transpersonal psychology of consciousness*.
- Diana, R. Rachmy. "Pengendalian Emosi Menurut Psikologi Islam." *Unisia* 37, no. 82 (October 2015): 41–47.
- Elfiky, I. (2013). *Terapi berpikir positif*. Penerbit Zaman.
- Frank, Debbie. *Pesanlah Cinta Dan Kebahagiaan Melalui Cosmic Ordering*. Jakarta: UPUK PRESS, 2007.
- Gojali, Mukhtar. "Konsep Dasar Psikologi Transpersonal," no. 1 (2017): 9.
- Hasson, T., Gillespie, P. G., Garcia, J. A., MacDonald, R. B., Zhao, Y. D., Yee, A. G., ... & Corey, D. P. (1997). Unconventional myosins in inner-ear sensory epithelia. *The Journal of cell biology*, 137(6), 1287-1307.
- Iqra. "Psikologi Transpersonal dan Spiritualitas," n.d. Accessed October 13, 2021. <http://iqra.idia.ac.id/2019/09/02/psikologi-transpersonal-danspiritualitas/>.
- Izutsu, Tohihiko. *Konsep Kepercayaan Dalam Theology Islam*. Yogyakarta: Fiara Wacana, 2018.
- James Arthur Ray. *The Science of Success*, Terj. Daniel Wirajaya. Jakarta: Gramedia Pustaka Utama, 2015.

- Michael J. Losier. *Law of Attraction: Mengungkap Rahasia Kehidupan*. Jakarta: UPUK PRESS, 2007.
- Moleong, Lexy J. *Metode Penelitian Kualitatif*. Bandung: PT Remaja Rosdakarya, 2009.
- Muhaya, Abdul. "Konsep Psikologi Transpersonal Menurut Abu Hamid Muhammad Al-Ghazali." *At-Taqaddum* 9, no. 2 (January 4, 2018): 142.
- Poerwadarminta, W.J.S. (2003). *Kamus Umum Bahasa Indonesia*. Jakarta: Balai Pustaka.
- Rajab, Khairunnas. *Agama Kebahagiaan: Energi Positif Iman, Islam, Dan Ihsan Untuk Menjaga Kesehatan Psikologi Dan Melahirkan Kepribadian Qurani*. Yogyakarta: Pustaka PESantren, 2012.
- Shofaussamawati. "Iman Dan Kehidupan Sosial." *Riwayah: Jurnal Studi hadis* (2018). Accessed December 9, 2021. <https://doi.org/10.21043/riwayah.v2i2.3133>.
- Sugiyono. *Metode Penelitian Kuantitatif, Kualitatif, Dan R&D*. Bandung: Alfabeta, 2011.
- Taufik Muhammad Izudin. *Psikologi Islam*. Jakarta: Gema Insanni Press, 2006.
- Trim, Bambang. *Magnet Muhammad Saw.: The True Law of Attraction*. Jakarta: Cicero Publishing, 2008.
- Wiyanti, Susi. *Kunci Menuju Kebahagiaan Sejati*. Jakarta: Gramedia Pustaka Utama, 2008.
- Zainuddin. *Ilmu Tauhid Lengkap*. Jakarta: Rinaka, 2012.